

Course Fact Sheet



Bloodborne Pathogens Training

Purpose

This course teaches participants how bloodborne pathogens are spread, how to avoid exposure and what to do if exposed to infectious material. This course helps to meet requirements of the OSHA Bloodborne Pathogens Standard. After taking this course, participants should talk with their employer about their workplace's specific policies and procedures. Classroom and web-based training options are available.

Prerequisites

None

Learning Objectives

- Define bloodborne pathogens.
- Identify the bloodborne pathogens of primary concern.
- List the ways bloodborne pathogens can enter a person's body.
- Describe the importance of personal protective equipment (PPE) and hand washing in reducing the risk of bloodborne pathogens transmission.
- Identify work practices that help eliminate or reduce the risk of exposure.
- Learn how to remove disposable gloves properly.
- List procedures to follow if exposure occurs.

Length

Bloodborne Pathogens Training: Approximately 1 hour (classroom and web-based)

Bloodborne Pathogens Training for Tattoo Artists: Approximately 1 hour (web-based only)

Instructor

American Red Cross instructors certified in one of the programs listed below, who are knowledgeable in the course content, may deliver this course.

- First Aid/CPR/AED
- Basic Life Support for Healthcare Providers
- CPR/AED for Professional Rescuers and Health Care Providers
- Lifeguarding
- Emergency Medical Response
- Nurse Assistant Training
- Wilderness and Remote First Aid

Certification Requirement

To receive a completion certificate, participants must attend the entire Bloodborne Pathogens Training classroom course, or if enrolled in an online option, successfully complete the online course.

Certificate Issued and Validity Period

Bloodborne Pathogens Training: 1 year

Bloodborne Pathogens Training for Tattoo Artists: 1 year

Participant Products/Materials

- Bloodborne Pathogens Training Fact and Skill Sheet (available on Instructor's Corner and redcross.org as a free digital download)

Administering Emergency Oxygen

Purpose

To give participants the knowledge and skills necessary to provide care to a victim of a breathing emergency using breathing devices, including resuscitation masks, bag-valve-mask resuscitators (BVMs) and emergency oxygen.

Prerequisites

Current American Red Cross Adult, Child or Infant CPR or equivalent

Learning Objectives

- Describe the importance of administering emergency oxygen.
- List the steps required to administer emergency oxygen.
- Identify different oxygen delivery devices and when to use them.
- List the precautions to take when using emergency oxygen.
- Demonstrate how to properly remove disposable gloves.
- Demonstrate how to use a resuscitation mask and BVM to ventilate a nonbreathing victim.
- Demonstrate how to prepare the oxygen equipment and administer emergency oxygen to a breathing or a nonbreathing victim.

Length

1 hours, 40 minutes

1 hour, 5 minutes when taught with the CPR/AED for Professional Rescuers and Health Care Providers

Instructor

Currently certified Emergency Medical Response and Lifeguarding instructors and instructor trainers; CPR/AED for Professional Rescuers and Health Care Providers instructors and instructor trainers who hold a basic level Administering Emergency Oxygen certification and have oriented to the program materials.

Certification Requirements

- Attend the entire class session.
- Participate in all skill sessions.
- Demonstrate competency in all required skills.
- Pass the final written exam with a minimum grade of 80 percent (12 correct answers out of 15 questions).

Certificate Issued and Validity Period

Administering Emergency Oxygen: 2 years

Participant Products/Materials

- Administering Emergency Oxygen Fact and Skill Sheets (Download from Instructor's Corner)
- Suctioning Fact and Skill Sheets (Enrichment) (Download from Instructor's Corner)
- Airway Adjuncts Fact and Skill Sheets (Enrichment) (Download from Instructor's Corner)



Anaphylaxis and Epinephrine Auto-Injector Course Fact Sheet

Purpose

This course teaches how to recognize and respond to an anaphylaxis emergency, including administering an epinephrine auto-injector based on the widely available EpiPen®.

Prerequisites

None

Learning Objectives

- Describe anaphylaxis.
- Differentiate between a mild allergic and a severe (anaphylactic) reaction.
- Apply the Emergency Action Steps to an anaphylaxis emergency.
- Identify the steps for administering an epinephrine auto-injector.
- Describe how to store and maintain an epinephrine auto-injector.

Length

Approximately 45 minutes

Instructor

This course may be taught by currently certified instructors in the following programs:

- First Aid/CPR/AED
- CPR/AED for Professional Rescuers and Health Care Providers
- Emergency Medical Response
- Lifeguarding
- Wilderness and Remote First Aid

Certification Requirements

- Attend the entire Anaphylaxis and Epinephrine Auto-Injector classroom course
- Participate in the skill practice

Certificate Issued and Validity Period

American Red Cross certificate for Anaphylaxis and Epinephrine Auto-Injector Course: 2 years

Free EpiPen® (Epinephrine) Auto-Injector Training Device Offer

Once you have completed the American Red Cross Anaphylaxis and Epinephrine Auto-Injector course, you may take advantage of an offer for a free EpiPen® (epinephrine) Auto-Injector training device from Mylan Specialty, L.P. To request your complimentary training device, go to <https://www.epipen.com/en/resources/order-a-training-device> or call toll free (866) 367-2678 and, when prompted, provide your name, mailing address, telephone number and quantity of training devices. You can expect to receive your training device(s) within 7 to 10 business days. The American Red Cross does not provide endorsements and assumes no responsibility for the products, services or communications offered by Mylan Specialty, L.P.